



Foundation Certificate in Sound Healing

Reading List

The following is a list of books that have resonated with me over the years. It's by no means a definitive list. There are thousands of books out there that explore Sound Healing and probably millions concerned with approaches to holistic health.

The list is comprised of books that have facilitated learning for me. Each one has informed my sound healing practice, some more than others. The list is offered as a starting point for you to do your own research and build your own library of reference material.

IF YOU FIND ANY INTERESTING BOOKS ON SOUND HEALING OR RELATED TOPICS, PLEASE LET ME KNOW.

Sound Healing with Gongs. A Gong Book for Beginners. - Whittaker Shelia © 2010
ISBN: 9780956781901

Gong Yoga. Healing and Enlightenment Through Sound - Benton, Methab (Michael)
© 2013 ISBN: 9781939239020

Himalayan Sound Revelations. The Complete Singing Bowl Book - Perry, Frank © 2014
ISBN: 9781905398317

Singing Bowl, A practical guide to Singing Bowl Sound Therapy - Subedi, Salil. © 2016

Toning: the Creative Power of the Voice - Laurel Elizabeth Keyes © 1973
ISBN: 9780875161761

Sound Medicine - Laeh Maggie Garfield © 1987 – Celestial Arts ISBN: 9780890874837

The Healing Power of The Human Voice - James D'Angelo © 2000 ISBN: 9781594770500
(with CD)

Healing with the Voice - James D'Angelo © 2000 – ISBN: 9780007122745

The Alchemy of Voice, © - Stewart Pearce 2005, 2010 ISBN: 9781844091942

Awakening the Alchemy of the Voice (CD) - Stewart Pearce ASIN: B00C8D9HSI

Sacred Drumming, © - Stephen Ash 2001 ISBN: 9781841810928

The Shamanic Drum, A guide to Sacred Drumming. © Michael Drake 2002
ISBN: 9780962900204

Sounding the Mind of God. Therapeutic Sound for Self-healing and Transformation. - Cooper, Lyz. © 2009 – ISBN: 9781846942112

The Healing Power of Sound. Recovery from life-threatening illness using sound - Gaynor, Mitchell L. – MD © 2002 ISBN: 9781570629556

Healing Sounds. The Power of Harmonics - Goldman, Jonathan . © 1992, 1996, 2002 ISBN: 9780892819935

Tuning the Human Biofield — McKusick, Eileen. © 2014 ISBN:9781620552469

General Reading

The Cosmic Octave. The origin of harmony – Cousto, Hans © 2000 ISBN: 9780940795204

The Singing Neanderthal, © Steven Mithen, 2005 - ISBN: 9780674025592

Shamanic Spirit, © Kenneth Meadows 2004 – with drumming CD – ISBN: 9781591430315

The Mysticism of Sound and Music – Khan, Hazrat Inayat. © 1996 ISBN: 9781570622311

The World is Sound. Nada Brahma - Berendt, Joachim-Ernest © 1987, 1991 Destiny Books ISBN: 9784409030325

Healing at the Speed of Sound – Campbell, Don and Doman, Alex © 2011 ISBN: 9781594630828

A Journey into the science of Mind over Body - Marchant, Jo © 2017 ISBN: 9780857868855

The Subtle Body. Encyclopedia of your Energetic Anatomy - Dale, Cyndi ©2009 Sounds True Inc. ISBN: 9781591796718

Commentary

Jonathan Goldman & James D'Angelo have both written numerous books. The ones I have listed are the ones I found most useful when reading their works. Explore their other titles as well.

The World is Sound is quite a 'heavy' book in places but explores some very interesting concepts.

Healing at the speed of sound is not directly aimed at sound healing but is a very interesting read.

Link to The Sound Therapy Company website:

<https://thesoundtherapycompany.co.uk/sound-healing-training/>

